## Learning and Experience Gaining from Clinical Elective in Japan Chattrin Udomsomporn and Nutchawin Sirikunchittavorn

## Abstract:

Currently, learning and experience gaining of medical students are not limited only within the medical school. Clinical elective in a foreign country can also permit medical students to learn and compare the study and actual work environments from their medical schools. The authors are interested to do the clinical elective in Japan in order to share our experiences with Japanese medical students, including academic matters, communication, and culture. There are several steps to be considered in detail in order to prepare before the trip. We, therefore, gathered information and created the self-learning PowerPoint slides as a guided manual for medical students to do the clinical elective in Japan. The guided topics include basic information about Japan, training institution selection, period of training, budget and expenses, sponsorships, documents required for application, passport and visa, clinical specialties and learning topics of interest. The assessment for satisfaction of our work was done by using a self-generated questionnaire. Of all 20 medical students who are interested to do the clinical elective in Japan, both male and female respondents are equal, and most of them are the 5<sup>th</sup> year medical students (55%). The average satisfaction score in all aspects is 4.42, considered in the high – highest level of satisfaction. There are additional suggestions to upload this guided manual on the website of the Medical Education Department for other students to access more extensively. And, the authors will present and share the experiences gaining from clinical elective in Japan subsequently.

**Keywords**: Learning and experience gaining, Clinical elective, Japan